November 2024 9-12 Lunch Menu

All school meals include 1% or skim milk if the student wants it.

All students may receive both breakfast and lunch for free.

Milk to accompany a meal from home costs \$0.50.

Menu subject to change without notice.

Students may purchase milk during homeroom to have with their lunch from home (it is served at lunchtime).

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Chicken w/ Teriyaki Sauce
				Carrots and Broccoli
				Fruit Cup in 100% Fruit Juice
				Brown Basmati Rice
4	5	6	7	8
Crispy Chicken Nuggets	Taco Salad with Chard Corn	Roaring Rainbow Chili	BSVI's Baked Mac and	Turkey and Cheese Wrap
Tater Tots	Mandarin Orange Fruit Cup	Fresh Apples	Cheese	Crispy Cucumbers
Applesauce	Chips and Salas	Whole Grain Crackers	Stewed Tomatoes	Fresh Pineapples
Ketchup			Fresh Oranges	Whole Grain Pretzels BSVI's Ranch Dip
11	12	13	14 Savory Soft Shell	15 Hamburger on Fresh
Chicken Cacciatore	Mouthwatering Meatball Sub	BSVI's own Pizza	Taco w/ Fresh Salsa	Baked Focaccia Bread
Steamed Broccoli	Perfect Potato Wedges	Crispy Snap Pea and Green Pepper	Refried Beans	Sweet Potato Fries
Fruit	Fresh Melon	Rasp, Blue and Black Berry Cup	Fruit Cup in 100% Juice	Crunchy Carrots
WG Rotini	Chips and Salsa		Cheesecake w/ Berry	Baked Apples
3 oz Whole Wheat Focaccia	<u>'</u>		Compote	BSVI's Ranch Dip
18	19 BSVI's Own Cheesy Bread w/	20 Build Your Own Loaded	21 Our New Favorite	22 Chicken and Waffles
Perfect Potato Perogies	Marinara Sauce	Baked Potato	Meatballs &Pasta w/ Red	Mashed Potatoes
Fresh Steamed Baby Carrots	Green Peppers	Mixed Bean Salad	Sauce	Sweet Corn
Applesauce	Cauliflower Florets	Green Beans	Steamed Broccoli	Fresh Banana
	Mandarin Orange Fruit Cup	Fresh Pineapple Whole Wheat Baguette	Fresh Grapes Whole Wheat Focaccia	Cheesecake W/ Berry Compote
25	26 Chicken Fajita Tacos	27	28	29
Hot Dog on WG Bun	Fiesta Lime Corn	Better than Mom's Meatloaf	Thanksgiving	Thanksgiving
Perfect Potato Wedges	Refried Beans	Cauliflower Florets	Break	Break
Baked Beans	Fresh Grapes	Sliced Strawberries		
Fresh Apples	Pineapple Upside Down Cake	3 oz Whole Wheat Focaccia		