

November 2024 Breakfast Menu

All students may receive both breakfast and lunch for free.

All school meals include 1% or skim milk if the student wants it.

Milk to accompany a meal from home costs \$0.50.

Menu subject to change without notice.

Students may purchase milk during homeroom to have with their lunch from home (it is served at lunchtime).

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Strawberry Yogurt Chex Fresh Apples 100% Fruit Juice
4 Waffles and Syrup Sliced Strawberries 100% Fruit Juice	5 Breakfast Fruit Nachos 100% Fruit Juice	6 Banana Chocolate Chip Muffin Fresh Oranges Hard Boiled Egg 100% fruit Juice	7 Glazed Whole Grain Cinnamon Roll Fresh Apples	8 Golden Graham Cereal Bar Fresh Melon 100% Fruit Juice
11 Nature's Bakery Breakfast Bar (Blueberry, Fig, or Raspberry) Fresh Grapes 100% fruit Juice	12 BSVI's Half a Whole Grain Bagel With Cream Cheese Fresh Banana 100% Fruit Juice	13 Multigrain Cheerios Single Serve Sliced Strawberries 100% Fruit Juice	14 Ham and Cheese Muffin Fresh Oranges 100% Fruit Juice	15 Betty Crocker Oatmeal Bar Fresh Melon 100% Fruit Juice
18 Apple Cinnamon Breakfast Bar Fresh Banana 100% Fruit Juice	19 Egg and Ham Wrap Fresh Blueberries 100% Fruit Juice	20 Mixed Berry Parfait w/ Granola Applesauce 100% Fruit Juice	21 BSVI's Own Whole Grain Blueberry Muffin Fresh Grapes 100%fruit Juice	22 Strawberry Yogurt Chex Fresh Apples 100% Fruit Juice
25 Waffles and Syrup Sliced Strawberries 100% Fruit Juice	26 Breakfast Fruit Nachos 100% Fruit Juice	27 Banana Chocolate Chip Muffin Fresh Oranges Hard Boiled Egg 100% Fruit Juice	28 Thanksgiving Break	29 Thanksgiving Break