## Gillingham Charter School 9-12 Lunch Menu 24-25

#### January 2025 Wednesday Friday Monday Tuesday Thursday 2 3 Lunch Entree Lunch Entree BSVI's Baked Mac and Turkey and Cheese Wrap Cheese Vegetables Vegetables **Crispy Cucumbers** Stewed Tomatoes Fruit Fruit **Fresh Pineapple** Fresh Oranges Grains Milk Whole Grain Pretzels 1% Milk Milk Fat Free Milk 1% Milk Fat Free Milk Misc. **BSVI's Ranch Dip** 6 7 8 9 10 Lunch Entree Lunch Entree Lunch Entree Lunch Entree Lunch Entree Chicken Cacciatore Mouthwatering Meatball Sub BSVI's own Pizza Savory Soft Shell Taco w/ Hamburger on Fresh Baked Fresh Salsa Focaccia Bread Vegetables Vegetables Vegetables Vegetables Vegetables Perfect Potato Wedges Crispy Snap Peas & Green Steamed Broccoli Peppers **Refried Beans** Sweet Potato Fries Fruit Fruit **Crunchy Carrots** Fruit Fruit Fresh Melon Fruit Fruit Rasp, Blue and Black Berry Fruit Cup in 100% juice Grains Grains **Baked Apples** Cup Desserts WG Rotini Chips and Salsa 3 oz Whole Wheat Focaccia Milk Milk Cheesecake w/ Berry Milk 1% Milk 1% Milk Compote Milk 1% Milk Fat Free Milk Fat Free Milk Milk 1% Milk Fat Free Milk Misc. Fat Free Milk 1% Milk Fat Free Milk BSVI's Ranch Dip 13 14 15 16 17 Lunch Entree Lunch Entree Lunch Entree Lunch Entree Lunch Entree Perfect Potato Perogies BSVI's own Cheesy Bread Build-Your-Own Loaded Our New Favorite Meatballs Chicken and Waffles with Marinara Sauce Baked Potato & Pasta w/ Red Sauce Vegetables Vegetables Vegetables Vegetables Vegetables Mashed Potatoes Fresh Steamed Baby Carrots Green Peppers Mixed Bean Salad Steamed Broccoli Sweet Corn Fruit **Cauliflower Florets** Green Beans Fruit Fruit Applesauce Fruit Fruit Fresh Grapes Fresh Banana Milk Mandarin Orange Fruit Cup Fresh Pineapple Grains Desserts 1% Milk Milk Grains Fat Free Milk Whole Wheat Focaccia Cheesecake w/ Berry 1% Milk Whole Wheat Baguette Compote Milk Fat Free Milk

Milk

1% Milk

Fat Free Milk

**Milk** 1% Milk Fat Free Milk

1% Milk

Fat Free Milk

All students may receive both breakfast and lunch for free. All school meals include 1% or skim milk if the student wants it. Milk to accompany a meal from home costs \$0.50. Students may purchase milk during homeroom to have with their lunch from home (it is served at lunchtime).

#### Monday

20

27

Lunch Entree

Vegetables

Tater Tots

Applesauce

Fruit

Milk

1% Milk Fat Free Milk

Misc.

Ketchup

**Crispy Chicken Nuggets** 

MLK

#### Tuesday

<sup>21</sup> **Lunch Entree** Chicken Fajita Tacos

Vegetables Fiesta Lime Corn Refried Beans

Fruit Fresh Grapes Desserts Pineapple Upside Down Cake Milk

1% Milk Fat Free Milk

28 Lunch Entree Taco Salad with Charred Corn Fruit Mandarin Orange Fruit Cup

Grains Chips and Salsa

**Milk** 1% Milk Fat Free Milk Wednesday

22 Lunch Entree Better than Mom's Meatloaf

Vegetables Cauliflower Florets

Fruit Sliced Strawberries Grains

3 oz Whole Wheat Focaccia Milk 1% Milk Fat Free Milk

29 Lunch Entree Roaring Rainbow Chili Fruit Fresh Apples Grains

Whole Grain Crackers Milk

1% Milk Fat Free Milk

#### Thursday

23 Lunch Entree Get Fit Chef's Salad

Fruit Fruit Salad

**Grains** Whole Wheat Baguette Chips and Salsa

**Milk** 1% Milk Fat Free Milk

30 Lunch Entree BSVI's Baked Mac and Cheese

Vegetables Stewed Tomatoes

Fruit Fresh Oranges

**Milk** 1% Milk Fat Free Milk

#### Friday

### 24 **Lunch Entree** Chicken w/ Teriyaki Sauce

Vegetables Carrots and Broccoli Fruit

Fruit Cup in 100% juice Grains

Brown Basmati Rice Milk

1% Milk Fat Free Milk

# 31

Lunch Entree Turkey and Cheese Wrap Vegetables

Crispy Cucumbers Fruit

Fresh Pineapple Grains

Whole Grain Pretzels

**Milk** 1% Milk

Fat Free Milk

Misc. BSVI's Ranch Dip

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