

**Gillingham Charter School
K-12 Breakfast Menu 2024-2025**

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			2 Breakfast Entree BSVI's Own Whole Grain Blueberry Muffin Fruit 100% Fruit Juice Fresh Grapes Milk 1% Milk Fat Free Milk	3 Breakfast Entree Strawberry Yogurt Chex Fruit Fresh Apples 100% Fruit Juice Milk 1% Milk Fat Free Milk
6 Breakfast Entree Waffles and Syrup Fruit 100% Fruit Juice Sliced Strawberries Milk 1% Milk Fat Free Milk	7 Breakfast Entree Breakfast Fruit Nachos Fruit 100% Fruit Juice Milk 1% Milk Fat Free Milk	8 Breakfast Entree Banana Chocolate Chip Muffin Fruit 100% Fruit Juice Fresh Oranges Milk 1% Milk Fat Free Milk Misc. Hard-Boiled Egg	9 Breakfast Entree Glazed Whole Grain Cinnamon Roll Fruit Fresh Apples Milk Fat Free Milk 1% Milk	10 Breakfast Entree Golden Graham Cereal Bar Fruit Fresh Melon 100% Fruit Juice Milk Fat Free Milk 1% Milk
13 Breakfast Entree Nature's Bakery Breakfast Bar (Blueberry, Fig or Raspberry) Fruit 100% Fruit Juice Fresh Grapes Milk 1% Milk Fat Free Milk	14 Breakfast Entree BSVI's Half a Whole Grain Bagel with Cream Cheese Fruit 100% Fruit Juice Fresh Banana Milk 1% Milk Fat Free Milk	15 Breakfast Entree Multigrain Cheerios single serve Fruit Sliced Strawberries 100% Fruit Juice Milk 1% Milk Fat Free Milk	16 Breakfast Entree Ham and Cheese Muffin Fruit Fresh Oranges 100% Fruit Juice Milk 1% Milk Fat Free Milk Misc. Hard-Boiled Egg	17 Breakfast Entree Betty Crocker Oatmeal Bars Fruit Fresh Melon 100% Fruit Juice Milk Fat Free Milk 1% Milk
20 MLK	21 Breakfast Entree Egg & Ham Wrap Fruit 100% Fruit Juice Fresh Blueberries Milk 1% Milk Fat Free Milk	22 Breakfast Entree Mixed Berry Parfait w/ granola Fruit 100% Fruit Juice Applesauce Milk 1% Milk Fat Free Milk	23 Breakfast Entree BSVI's Own Whole Grain Blueberry Muffin Fruit 100% Fruit Juice Fresh Grapes Milk 1% Milk Fat Free Milk	24 Breakfast Entree Strawberry Yogurt Chex Fruit Fresh Apples 100% Fruit Juice Milk 1% Milk Fat Free Milk
27 Breakfast Entree Waffles and Syrup Fruit 100% Fruit Juice Sliced Strawberries Milk 1% Milk Fat Free Milk	28 Breakfast Entree Breakfast Fruit Nachos Fruit 100% Fruit Juice Milk 1% Milk Fat Free Milk	29 Breakfast Entree Banana Chocolate Chip Muffin Fruit 100% Fruit Juice Fresh Oranges Milk 1% Milk Fat Free Milk Misc. Hard-Boiled Egg	30 Breakfast Entree Glazed Whole Grain Cinnamon Roll Fruit Fresh Apples Milk Fat Free Milk 1% Milk	31 Breakfast Entree Golden Graham Cereal Bar Fruit Fresh Melon 100% Fruit Juice Milk Fat Free Milk 1% Milk

All students may receive both breakfast and lunch for free.
All school meals include 1% or skim milk if the student wants it.
Milk to accompany a meal from home costs \$0.50.
Students may purchase milk during homeroom to have with their lunch from home (it is served at lunchtime).

